National School meals Week 11th – 15th November 2024

Monday 11th November – Good Mood Food

- Shredded Quorn BBQ Bake (V)
- BBQ Chicken Bake
- Sweetcorn, Fresh Carrots, Garden Peas
- Handmade Bread
- Fruit Yoghurt
- Crackers & Cheese

Tuesday 12th November – Build a Burger or Build a Pizza Day

- Savoury Rice
- Tomato Pasta
- Handmade Bread
- Oat Cookie with Fresh Fruit

Wednesday 13th November – Plot to Plate

- Farm Assured Roast Meat of the Day, served with Rich Gravy & Accompaniments
- Roast Potatoes
- Creamed or Boiled Potato
- At least a choice of 3 vegetables – suggested – Parsnips, Cabbage, Grated Courgettes, Fresh Carrots, Swede, Cauliflower, Broccoli
- Handmade Bread
- Fresh Fruit Selection
- Crackers & Cheese

Thursday 14th November – Super Spud

- Jacket Potato – with a choice of filling / fillings to include
    - Beef Chili
    - Chicken Curry
    - Baked Beans with added Mixed Beans
    - Grated Cheese
    - Tuna & Mayonnaise
- Handmade Bread
- Big Salad Bar
- Black Bean Brownie or Chocolate & Beetroot Muffins
- Fruit Yoghurt

Friday 15th November – Move it for a Better Mind

- Fish Fingers served on a Ciabatta Roll – with added lettuce, watercress or rocket, and accompaniments.
- Sweet Potato Fries
- Roasted Vegetable Couscous
- Big Salad Bar
- Fruit Jelly in your Belly
- Cheese & Crackers