Our menus

1. All our meals are freshly prepared in our kitchens daily and comply with the Government Food Standards.
2. We provide a choice of Vegetables, Salad and Fresh Fruit daily.
3. At our schools with a Sandwich Bar, we offer a healthy sandwich choice as an alternative to a hot meal, look out for the Sandwich Bar symbol. Contact your school office for more info.
4. Our recipes are low in Sugar and Fat, supporting the national obesity strategy.
5. We recycle our Rapeseed Oil. It is cleaned, filtered and processed into biofuel for use as vehicle fuel or for power and energy generation.
6. We Oven Bake in preference to Frying.
7. We offer a Vegetarian option as standard and a Vegan option where possible. We endeavour to cater for special dietary requirements, medical or cultural.
8. All of our suppliers ensure full traceability of our Food.
9. Some of our menu choices are developed with children through the Eatwell Project.



eatwell

Soil Association FOOD FOR LIFE BRONZE CATERING

Wallace & Gromit's Children's Charity

Our Wallace and Gromit pasta meals raise funds to improve the quality of life of sick children in hospitals and hospices throughout the country.

Let's Dine Primary School Menu

John Fletcher of Madeley PRIMARY SCHOOL

April 2025 to March 2026

Download your copy at www.telford.gov.uk/schoolmeals

Telford & Wrekin Co-operative Council

Protect, care and invest to create a better borough

SOFT FACILITIES INNOVATION AWARDS 2020 | GREEN INNOVATION

Our ingredients

Where our food comes from

Fresh Fruit, Salads and Vegetables - selected by Rowlands in Shrewsbury.

The Welsh Sausage company - based in Welshpool make our award winning sausages, gluten free meat balls and 70% natural Beef Burgers. They are reduced fat, reduced salt and free from artificial colourings and flavourings.

Eggs - we only use Free Range eggs which are supplied by Clun Farm Eggs a family run business. The hens are fed high quality food which is sourced locally to give a rich golden coloured yolk.

Fish - our fish is MSC accredited in line with the Marine Stewardship Council, we only use fish from a sustainable source.

Yoghurt - supplied by Village Dairy, made from wholesome Welsh milk in the Vale of Clwyd, North Wales.

Meat - our meat is Red Tractor sourced in the UK.

Cheese - produced in Nantwich, Cheshire.

Dried, frozen and chilled goods - sourced locally from Bidvid in Ludlow from a network of local producers.

THANK YOU to our suppliers for their continued support and helping us with our special event days

We're working with our schools to increase our use of sustainable items. All of our disposable packaging for sandwiches and wraps are plant based and fully compostable.

Free School Meals

DID YOU KNOW?

School Meals are FREE to all children in Reception, Year 1 and Year 2. Your child may also be entitled after Year 2!

If your child is eligible for free school meals, they'll remain eligible until they finish the phase of schooling (primary or secondary) they're in on 31 March 2025. (This is currently being reviewed by department for education as this may be extended, but no decision has yet been made).

Free School Meals (FSM) also provides extra funding to your school, you can register your child for FSM if you receive any of these benefits:

- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The 'Guarantee' element of State Pension Credit
- Child Tax Credit, provided they are not entitled to Working Tax Credit and have an annual income (as assessed by HM Revenue and Customs) that does not exceed £16,190
- Working Tax Credit 'run-on' – the payment someone may receive for a further four weeks after they stop qualifying for Working Tax Credit
- Universal Credit – your household income must be less that £7,400 a year (after tax and not including any benefits you get)

All information correct at the time of going to print

Menu calendar

Summer Term 2025	
28 APR	WK 1
5 MAY	WK 2
12 MAY	WK 3
19 MAY	WK 1
26 MAY - HALF TERM	
2 JUN	WK 3
9 JUN	WK 1
16 JUN	WK 2
23 JUN	WK 3
30 JUN	WK 1
7 JUL	WK 2
14 JUL	WK 3

Autumn Term 2025	
1 SEPT	WK 1
8 SEPT	WK 2
15 SEPT	WK 3
22 SEPT	WK 1
29 SEPT	WK 2
6 OCT	WK 3
13 OCT	WK 1
20 OCT	WK 2
27 OCT - HALF TERM	
3 NOV	WK 1
10 NOV	WK 2
17 NOV	WK 3
24 NOV	WK 1
1 DEC	WK 2
8 DEC	WK 3
15 DEC	WK 1

Spring Term 2026	
5 JAN	WK 1
12 JAN	WK 2
19 JAN	WK 3
26 JAN	WK 1
2 FEB	WK 2
9 FEB	WK 3
16 FEB - HALF TERM	
23 FEB	WK 2
2 MAR	WK 3
9 MAR	WK 1
16 MAR	WK 2
23 MAR	WK 3

www.telford.gov.uk/freeschoolmeals

V Vegetarian
Ve Vegan
H Halal

1968-2018

Whatever you do, work at it with all your heart

Week 1

Sandwich Bar Monday

Pork Meatballs *Farm Assured served with Gravy or Tomato Sauce*

Quorn Balls *served with Gravy or Tomato Sauce* V

Pasta, Broccoli, Carrots, Seasonal Salad Selection, Bread

Chocolate and Vanilla Swirl Mousse

Sandwich Bar Tuesday

Jacket Potato *served with a choice of filling* **Beef Chili, Baked Beans V or Grated Cheese V**

Big Seasonal Salad Selection, Bread

Fruit Jelly with a Swirl of Cream

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Pie *Roasted Seasonal Vegetables and Beans in a Pastry Flan* V

Roast Potatoes, Creamed Potato, Sprouts, Carrots, Seasonal Salad Selection, Bread

Chocolate Sponge and Custard

Sandwich Bar Thursday

Beef Burger *Farm Assured Minced Beef Burger* **or Hot Dog** *Farm Assured Pork Sausage with Onions*

Pasta Neapolitan *Pasta Twists and Seasonal Vegetables in a Tomato Sauce* V

Jacket Wedges, Big Seasonal Salad Selection, Bread

Fresh Fruit Selection

Sandwich Bar Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs* **or Fish Cake**

Vegetarian Fingers V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Cake Selection





FUN FOOD FACTS
Potatoes were the first vegetable to be grown in space.



Week 2

Sandwich Bar Monday

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Quorn Bolognaise *Quorn Mince in a Chef's Rich Tomato Sauce* V

Pasta, Farmhouse Mixed Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Arctic Roll

Sandwich Bar Tuesday

Big Breakfast *Farm Assured Sausage, Bacon, Free Range Scrambled Egg*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Baked Beans, Tomatoes, Mushrooms, Seasonal Salad Selection, Bread

Oatcake Biscuits

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Crumble *Seasonal Vegetables and Mixed Beans with a Savoury Crumb topping* V

Roast Potatoes, Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fruit Crumble and Custard

Jacket Potato Bar
Available daily by pre order

Sandwich Bar Thursday

French Bread Pizza – Cheese and Tomato Pizza V *with a selection of toppings including* **Ham and Pineapple**

Diced Potatoes, Big Seasonal Salad Selection, Bread

Fresh Fruit Selection

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The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar Friday

Battered Fish *White fillet of fish coated in a light batter* **or Fishcake**

Stuffed Jacket Potatoes *Jacket Potato topped with Grated Cheddar Cheese* V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse

Sandwich Bar
Available daily by pre order



Fresh Fruit available daily. Cheese and Crackers available Monday, Wednesday and Friday. Individual Yoghurts available Tuesday and Thursday. All items subject to availability.

Week 3

Sandwich Bar Monday

Beef Chili Taco's *Farm Assured Minced Beef in a Chef's Mild Spiced Tomato Sauce served in a Taco Shell*

Vegetable Chili *Seasonal Vegetables and Mixed Beans in a Chef's Mild Spiced Tomato Sauce* V

Boiled Rice, Garden Peas, Carrots, Seasonal Salad Selection, Bread

Vanilla Ice Cream

Sandwich Bar Tuesday

BBQ Chicken Bake *Farm Assured Chicken in a Chef's BBQ Sauce*

BBQ Pulled Quorn *Pulled Quorn in a Chef's BBQ Sauce* V

Potato Wedges, Farmhouse Mixed Vegetables, Sweetcorn, Seasonal Salad Selection, Bread

Carrot Cake

Sandwich Bar Wednesday

Pork Sausage *Farm Assured Pork Sausage with a Rich and Tasty Gravy*

Vegetable Hot Pot *Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy topped with Sliced Potato* V

Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Bread

Fresh Fruit Selection

Sandwich Bar Thursday

Chicken Nuggets *Farm Assured Chicken*

Vegetable Lasagne V **or Quorn Dunkers** V

Diced Potatoes, Big Seasonal Salad Selection, Bread

Eve's Pudding and Custard

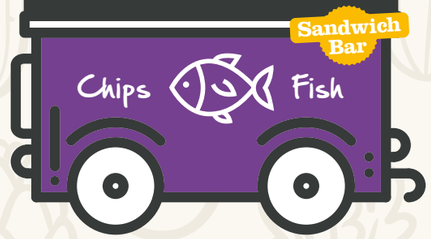
Chip Shop Friday

Jumbo Fish Finger *White fillet of fish coated in breadcrumbs*

Cheesey Potato Bake *Creamed Potato and Cheddar Cheese topped with Sliced Tomato* V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Bread

Chocolate or Strawberry Mousse



FUN FOOD FACTS
A pomegranate can hold up to 1400 seeds.

