V Vegetarian
Ve Vegan
H Halal

1968-2018

Week 1

Sandwich Bar Monday

Pork Meatballs *Farm Assured served with Gravy or Tomato Sauce*

Quorn Balls *served with Gravy or Tomato Sauce* V

Pasta, Carrots, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream or Cheese and Crackers

Early Years options: Peach and Yoghurt Cake or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Sandwich Bar Tuesday

Chicken Curry *Farm Assured Diced Chicken in a Chef's Curry or BBQ Sauce*

Vegetarian Curry *Seasonal Vegetables and Mixed Beans in a Chef's Curry Sauce* V

Boiled Rice, Sweetcorn, Green Beans, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Jelly with a Swirl of Cream or Fruit Yoghurt

Early Years options: Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit





Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Crumble *Roasted Seasonal Vegetables and Beans in a Chef's Tomato Sauce with a Crumble topping* V

Roast Potatoes, New Potatoes, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate Cake and Custard or Cheese and Crackers

Early Years options: Chocolate and Pear Cake and Custard or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Sandwich Bar Thursday

Beef Burger *Farm Assured Minced Beef Burger or* **Hot Dog** *Farm Assured Pork Sausage* **with Onions**

Pasta Neapolitan *Pasta Twists and Seasonal Vegetables in a Tomato Sauce* V

Diced Potatoes, Big Seasonal Salad Selection, Wholemeal Bread and White Bread

Lemon Short Bread or Fruit Yoghurt

Early Years options: Banana Cake or Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Sandwich Bar Friday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs* **or Salmon Fish Star** *MSC Salmon and Mash potato seasoned within a Crispy Crumb*

Cheese and Tomato Pasta Bake *Pasta Twists in a Chef's Tomato Sauce topped with Grated Cheese* V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate or Strawberry Swirl Mousse or Cheese and Crackers

Early Years options: Cheese and Crackers or Yoghurt with Fruit or Fresh Fruit

Whatever you do, work at it with all your heart

Week 2

Sandwich Bar Monday

Beef Bolognaise *Farm Assured Minced Beef in a Chef's Rich Tomato Sauce*

Vegetarian Bolognaise *Seasonal Vegetables and Mixed Beans in a Chef's Rich Tomato Sauce* V

Pasta Twists, Carrots, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Ice Cream or Cheese and Crackers

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Tuesday

Big Breakfast *Farm Assured Sausage, Free Range Scrambled Egg, Baked Beans*

Vegetarian Sausage, Free Range Scrambled Egg V

Hash Browns, Tomatoes, Mushrooms, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fruit Flap Jack or Fruit Yoghurt

Early Years options: Lemon and Mandarin Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Wednesday

Traditional Roast of the Day *Farm Assured Sliced Meat served with Rich and Tasty Gravy*

Vegetable Pie *Seasonal Vegetables and Mixed Beans topped with Puff Pastry* V

Roast Potatoes, New Potatoes, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fresh Fruit or Cheese and Crackers

Early Years options: Red Velvet Muffin or Fresh Fruit or Cheese and Crackersor Yoghurt with Fruit

Jacket Potato Bar

Available daily by pre order

Sandwich Bar Thursday

Pizza Bar – Cheese and Tomato Pizza V *with a Selection of toppings including* **Ham, Sliced Peppers** V, **Pineapple** V, **Mushrooms** V, **Sliced Onions** V, **Sweetcorn** V

Diced Potatoes, Big Seasonal Salad Selection, Wholemeal Bread and White Bread

Short Bread or Fruit Yoghurt

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

eatwell

The Eatwell project supports the Let's Dine ethos by cooking healthy, simple ingredients with the children.

Sandwich Bar Friday

Battered Fish *White fillet of Fish coated in a Light Batter* **or Salmon Fish Star** *MSC Salmon and Mash potato seasoned within a Crispy Crumb*

Fishless Fingers V

Chips, Couscous, Baked Beans, Garden Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Chocolate or Strawberry Swirl Mousse or Cheese and Crackers

Early Years options: Apple and Raisin Muffin or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Fresh Fruit available daily. All items subject to availability.



Week 3

Sandwich Bar Monday

Beef Chili Taco's *Farm Assured Minced Beef in a Chef's Mild Spiced Tomato Sauce served with a Taco Shell*

Vegetable Chili *Seasonal Vegetables and Mixed Beans in a Chef's Mild Spiced Tomato Sauce* V

Boiled Rice, Garden Peas, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Vanilla Ice Cream or Cheese and Crackers

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Tuesday

Chicken Goujons *Farm Assured Chicken coated in Golden Crumbs*

Quorn Dunkers V

Diced Potatoes, Sweetcorn, Seasonal Salad Selection, Wholemeal Bread and White Bread

Carrot Cake or Fruit Yoghurt

Early Years options: Carrot Cake or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Wednesday

Pork Sausage *Farm Assured Pork Sausage with a Rich and Tasty Gravy*

Vegetable Hot Pot *Seasonal Vegetables and Mixed Beans in a Rich and Tasty Gravy topped with Sliced Potato* V

Creamed Potato, Broccoli, Carrots, Seasonal Salad Selection, Wholemeal Bread and White Bread

Fresh Fruit Salad or Cheese and Crackers

Early Years options: Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Sandwich Bar Thursday

Jacket Potato Bar *with a choice of fillings* **Cheese and Beans** V, **Beef Bolognaise, Tuna Mayonnaise**

Sweetcorn, Big Salad Selection, Wholemeal Bread and White Bread

Peach Yoghurt Cake and Custard or Fruit Yoghurt

Early Years options: Peach Yoghurt or Cake and Custard or Fresh Fruit or Cheese and Crackers or Yoghurt with Fruit

Chip Shop Friday

Jumbo Fish Finger *White fillet of Fish coated in Breadcrumbs*

Cheese and Potato Bake *Creamed Potato and Cheddar Cheese topped with Sliced Tomato* V

Chips, Couscous, Baked Beans, Peas, Seasonal Salad Selection, Wholemeal Bread and White Bread

Banana Muffin or Cheese and Crackers

Early Years options: Banana Muffin or Cheese and Crackers or Fresh Fruit or Cheese and Crackers Yoghurt with Fruit



